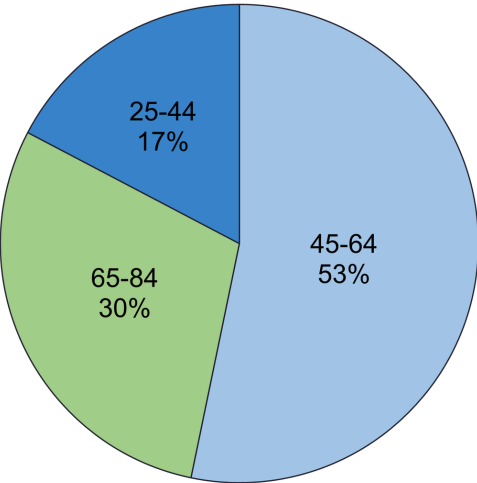


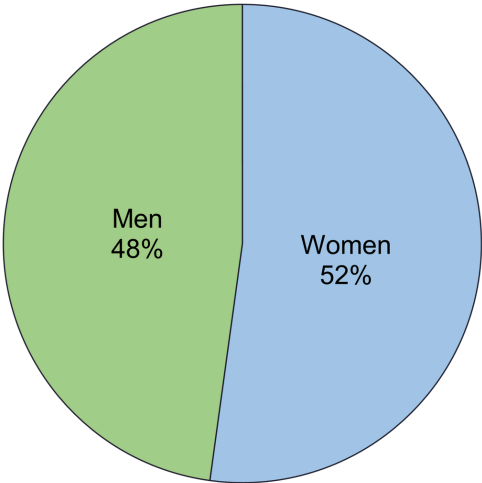
The ‘Views, experiences, and challenges of having colonoscopy check-up questionnaire’: Summary of results

Characteristics of the 231 participants

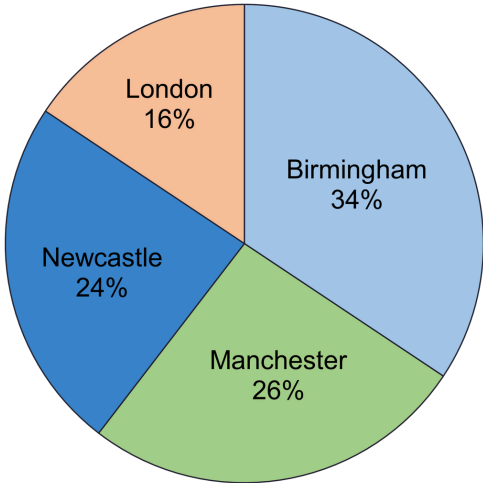
Age, years



Sex

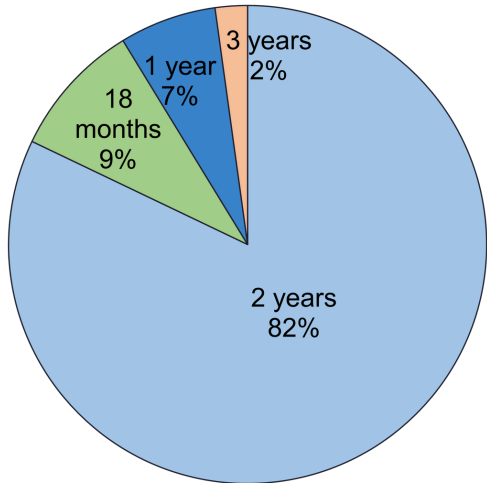


CaPP3 site

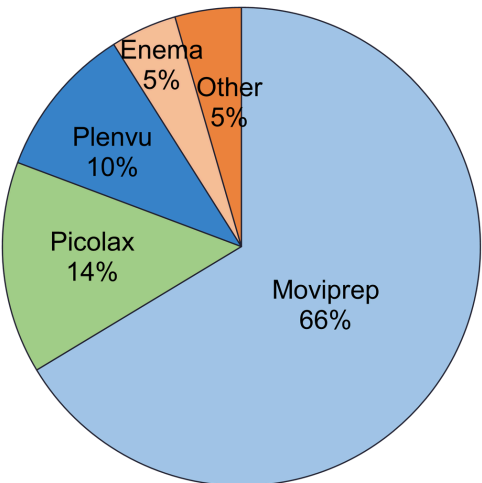


Colonoscopy check-up characteristics

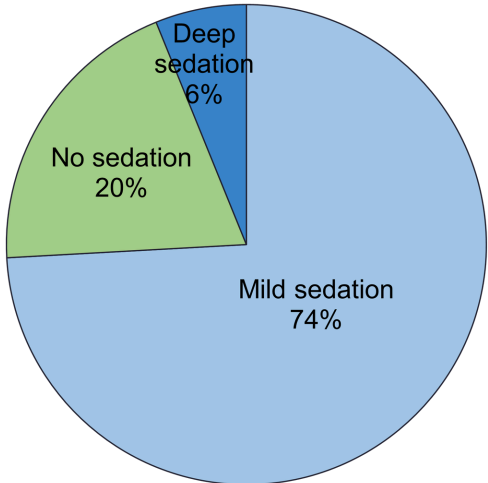
“How often are you recommended to have colonoscopy check-up?
Every ...”



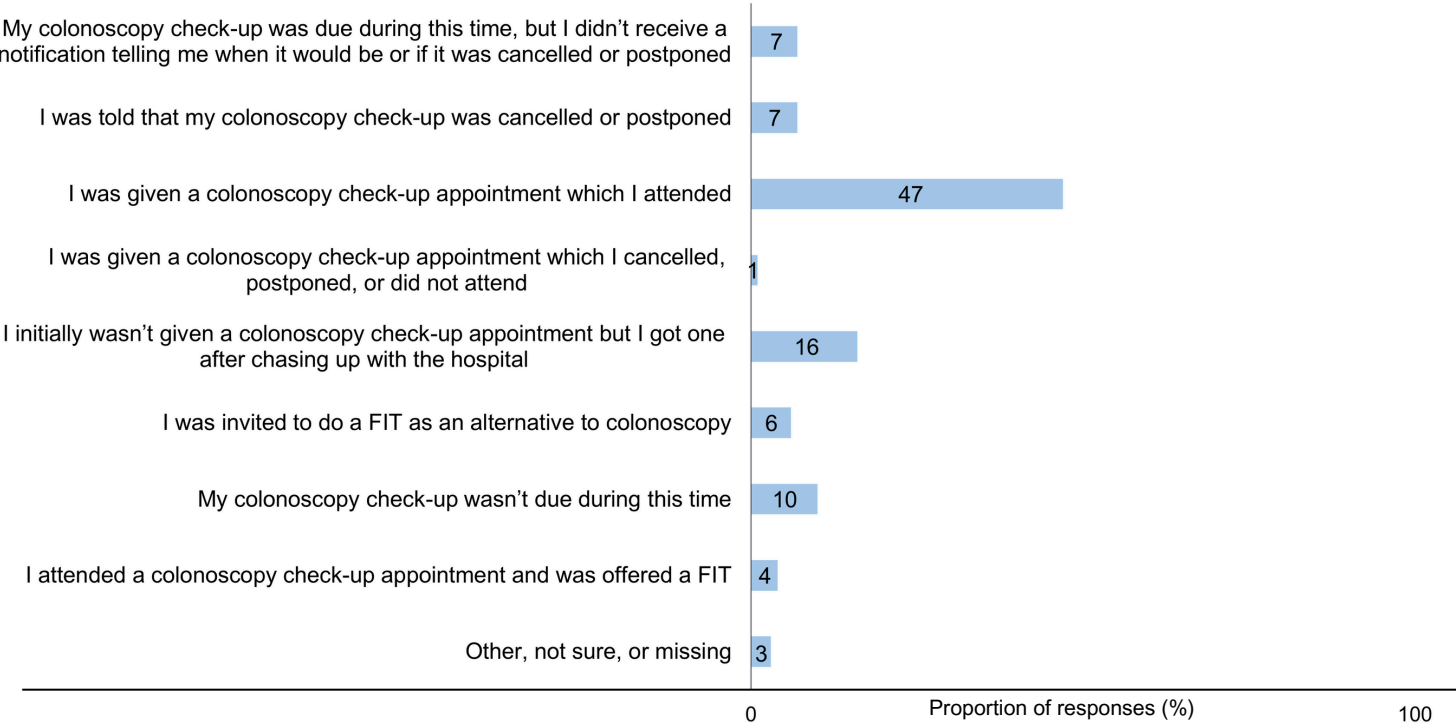
“Which bowel prep did you use for your most recent colonoscopy check-up?”



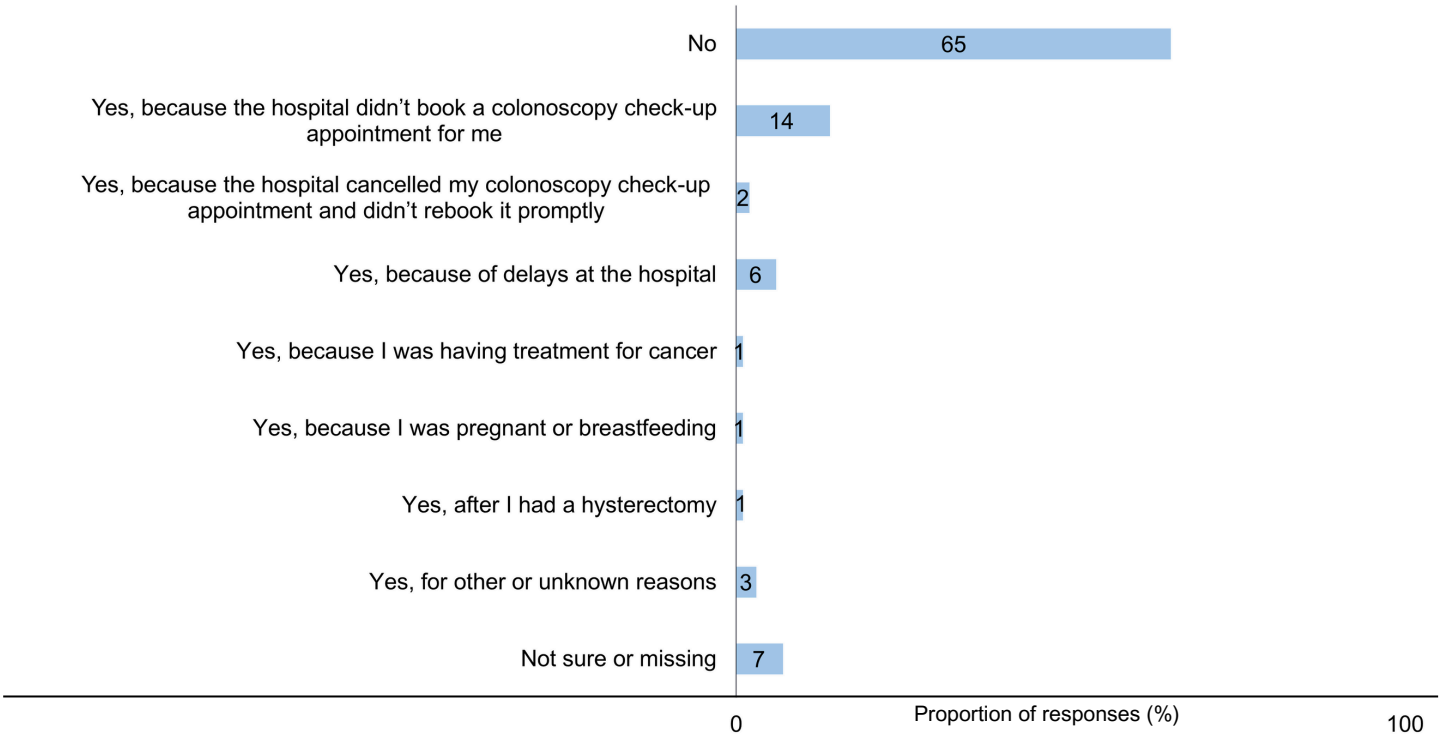
“What type of sedation do you usually have for your colonoscopy check-up?”



“What happened to your colonoscopy check-up during the COVID-19 pandemic?”

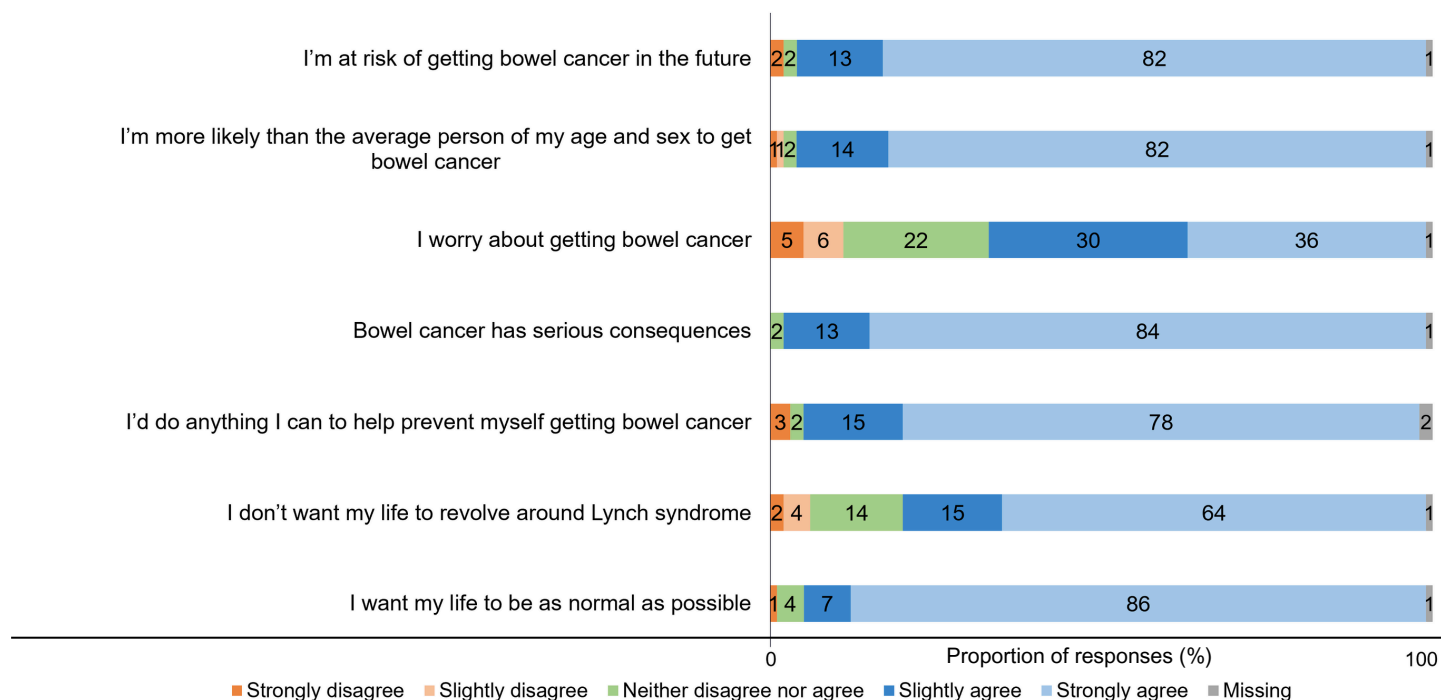


“Has your colonoscopy check-up ever been delayed by over 6 months for reasons not related to the COVID-19 pandemic?”

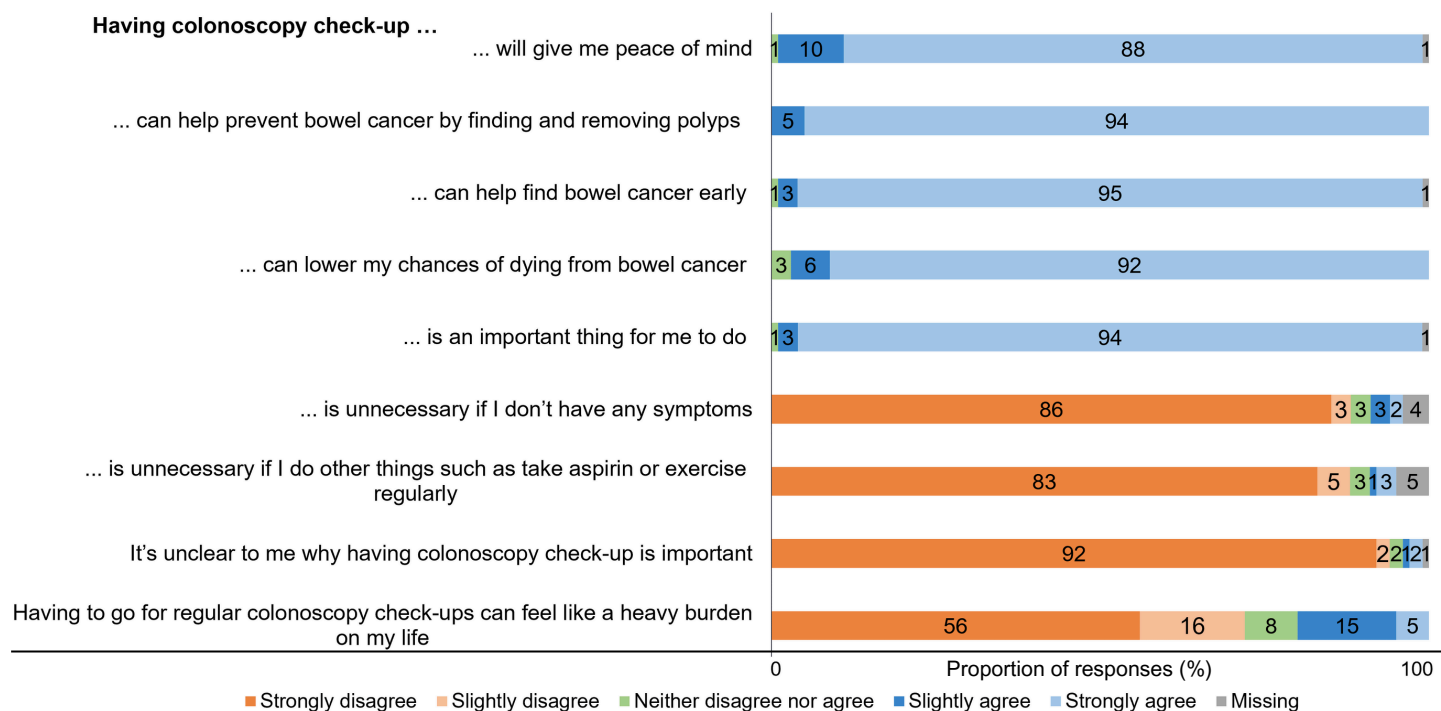


“Please indicate how much you disagree or agree with each statement below.”

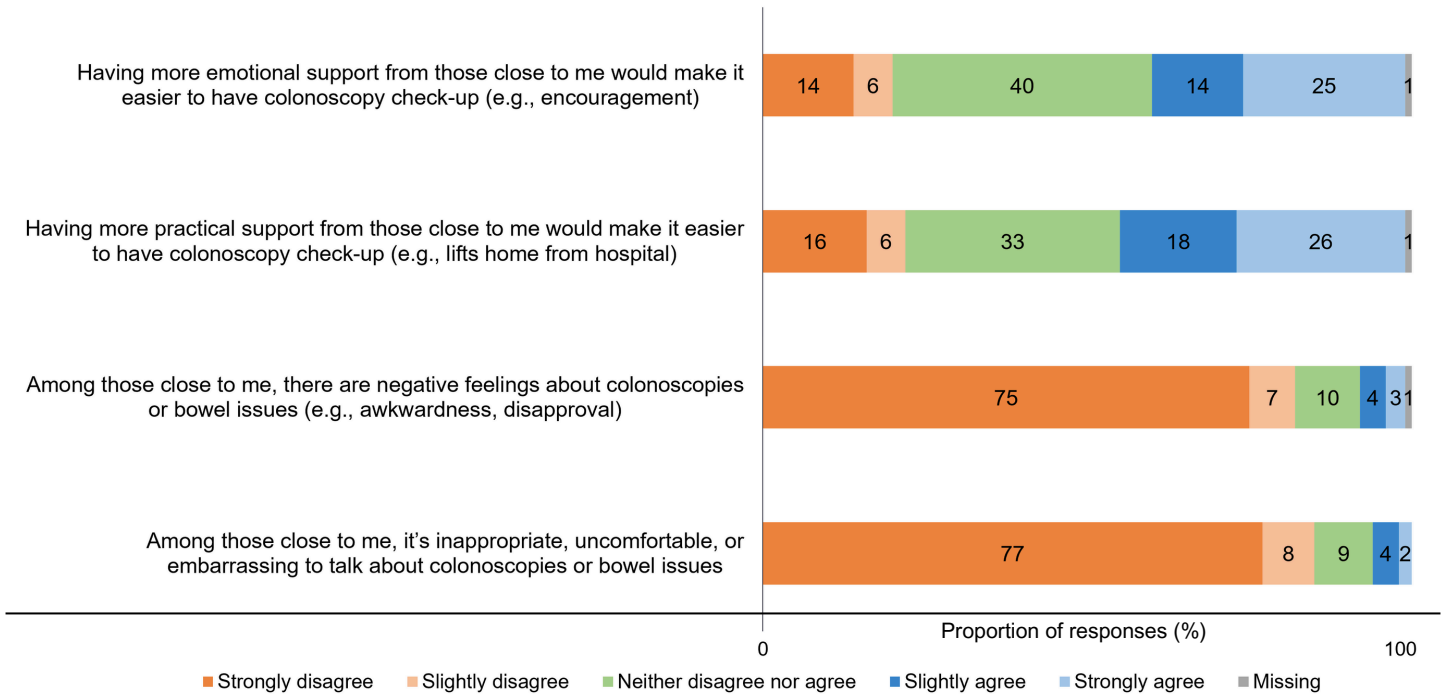
Thoughts / feelings about bowel cancer and living with Lynch syndrome



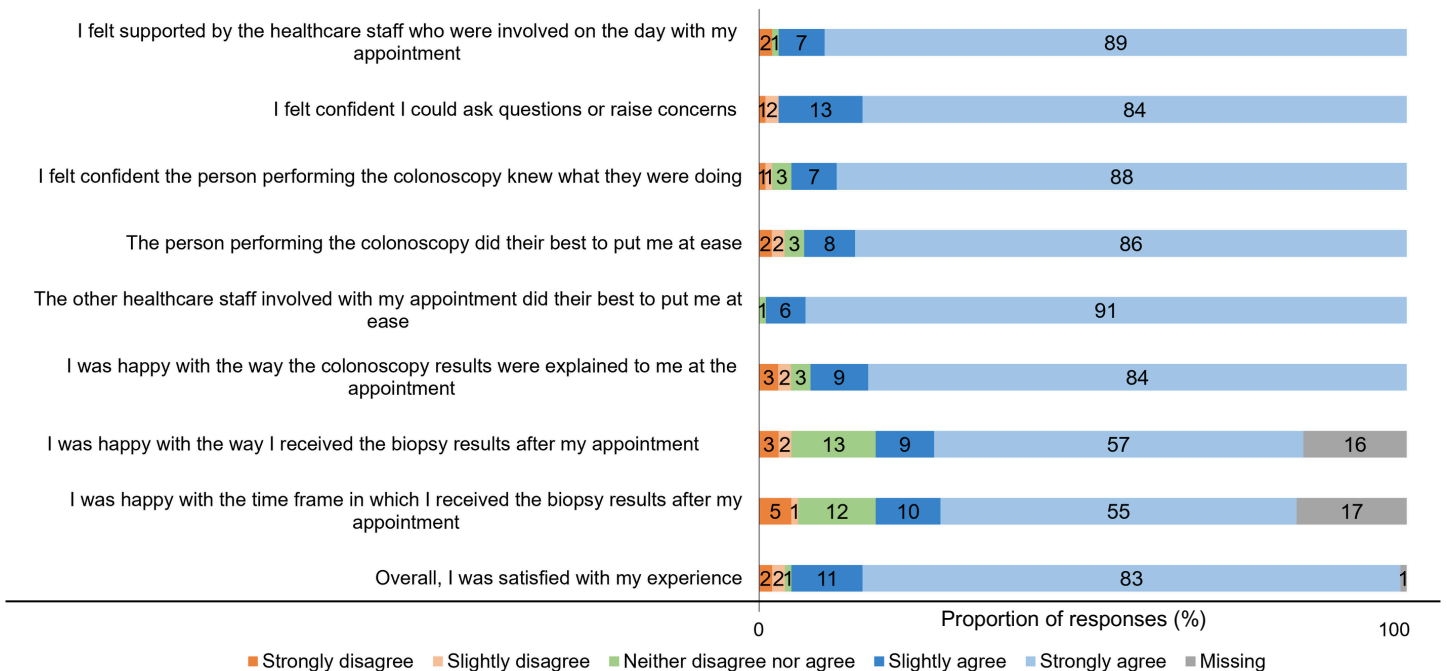
The need for and benefit of colonoscopy check-up



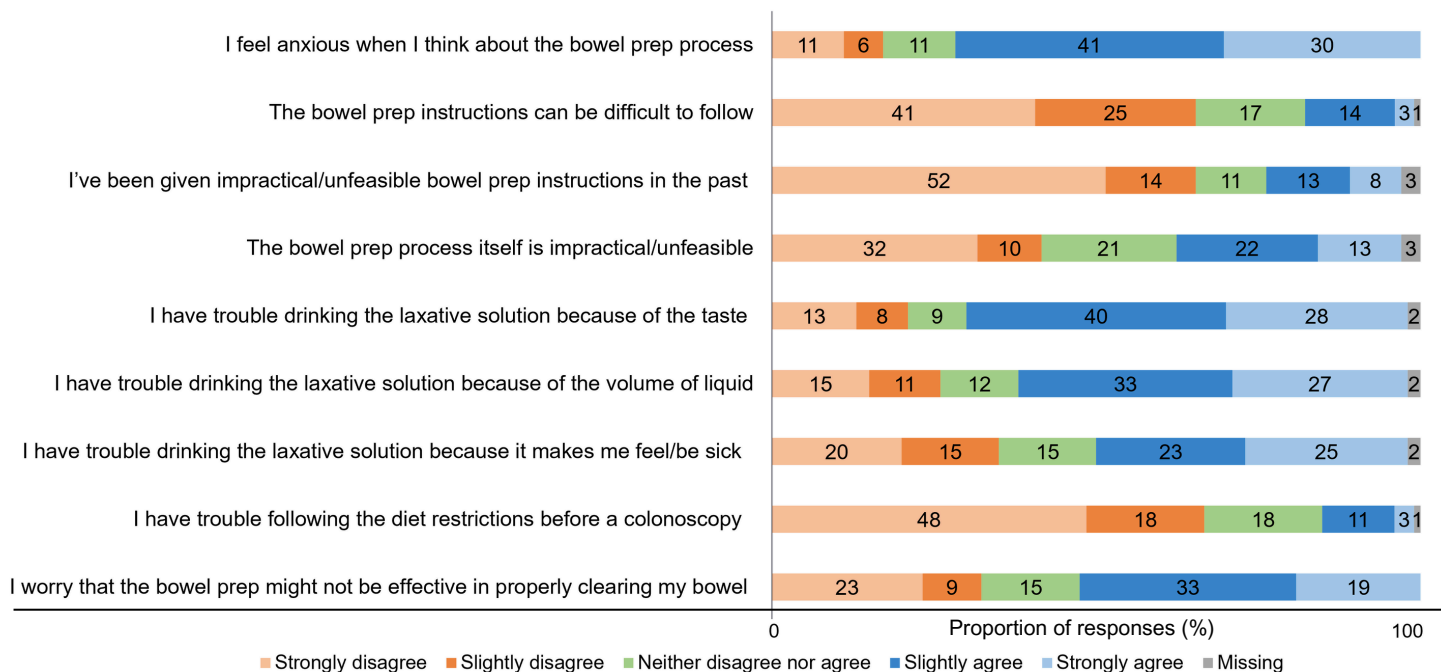
Support from loved ones and their attitudes towards colonoscopies / bowel issues



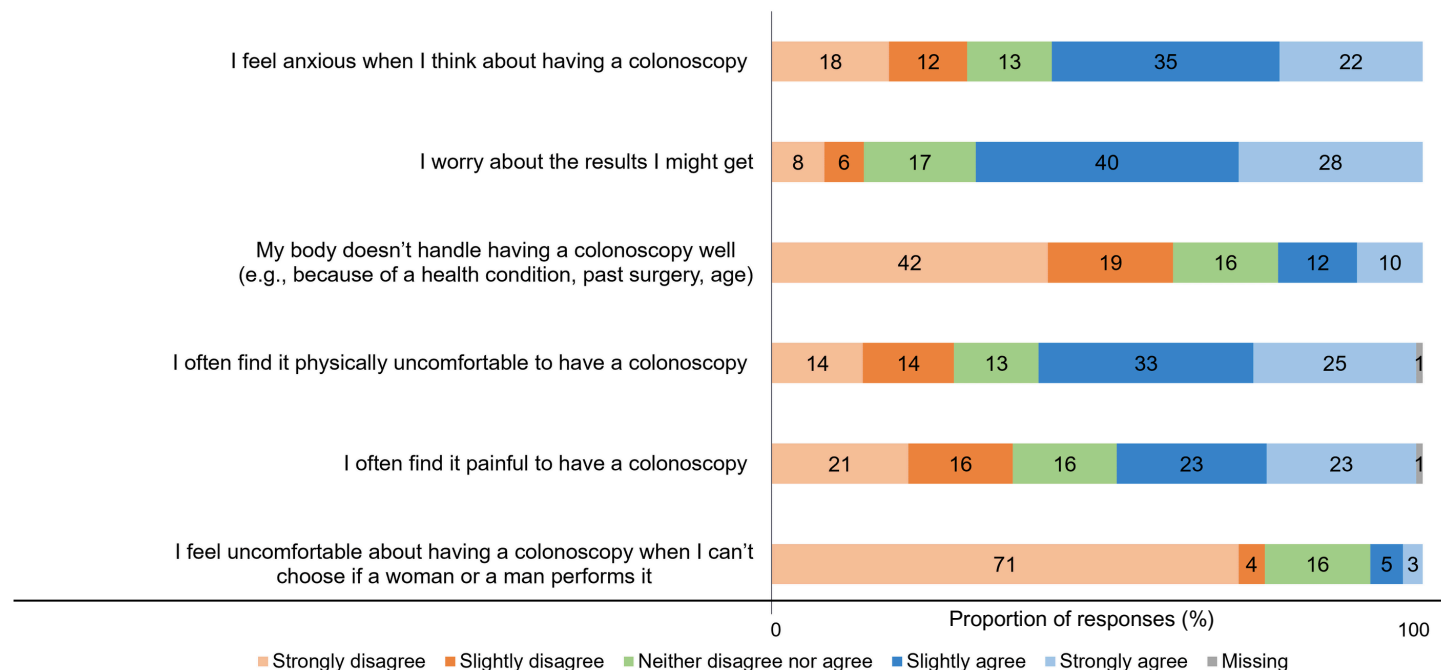
Experience at most recent colonoscopy check-up appointment



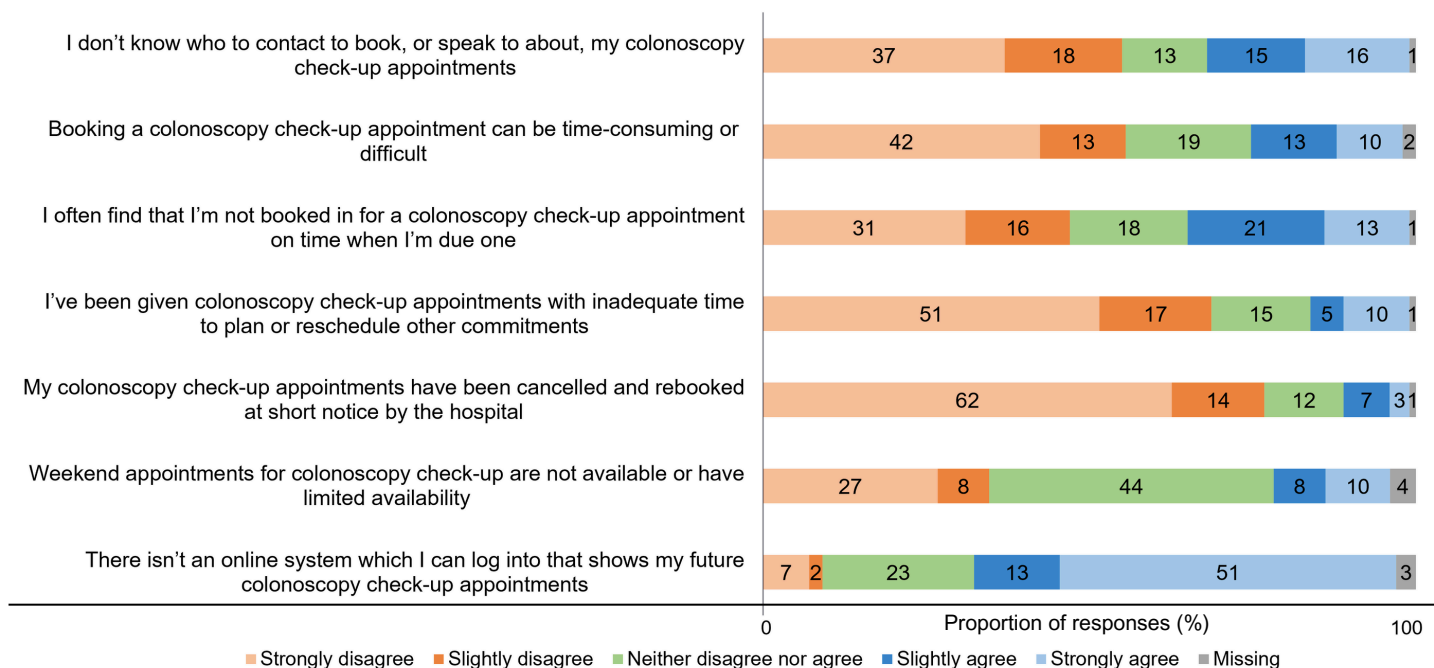
The bowel prep process



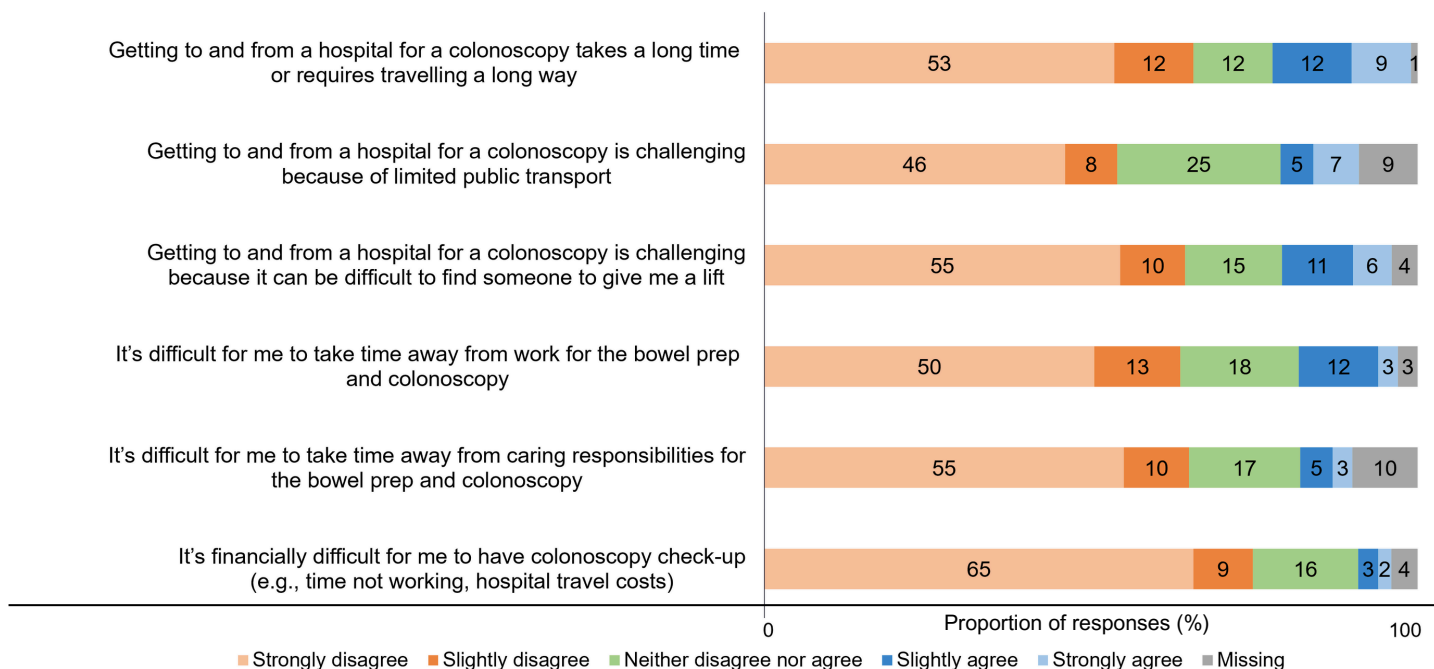
The colonoscopy procedure and results



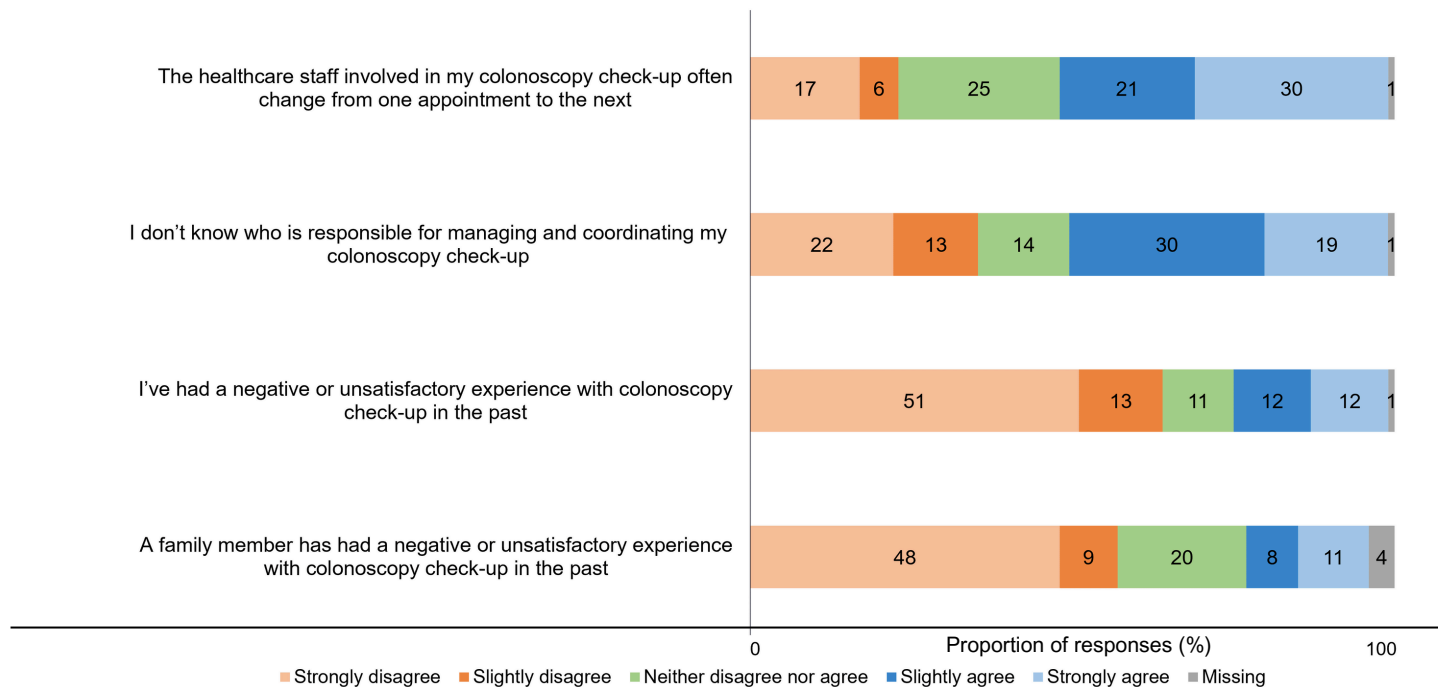
Colonoscopy check-up appointments



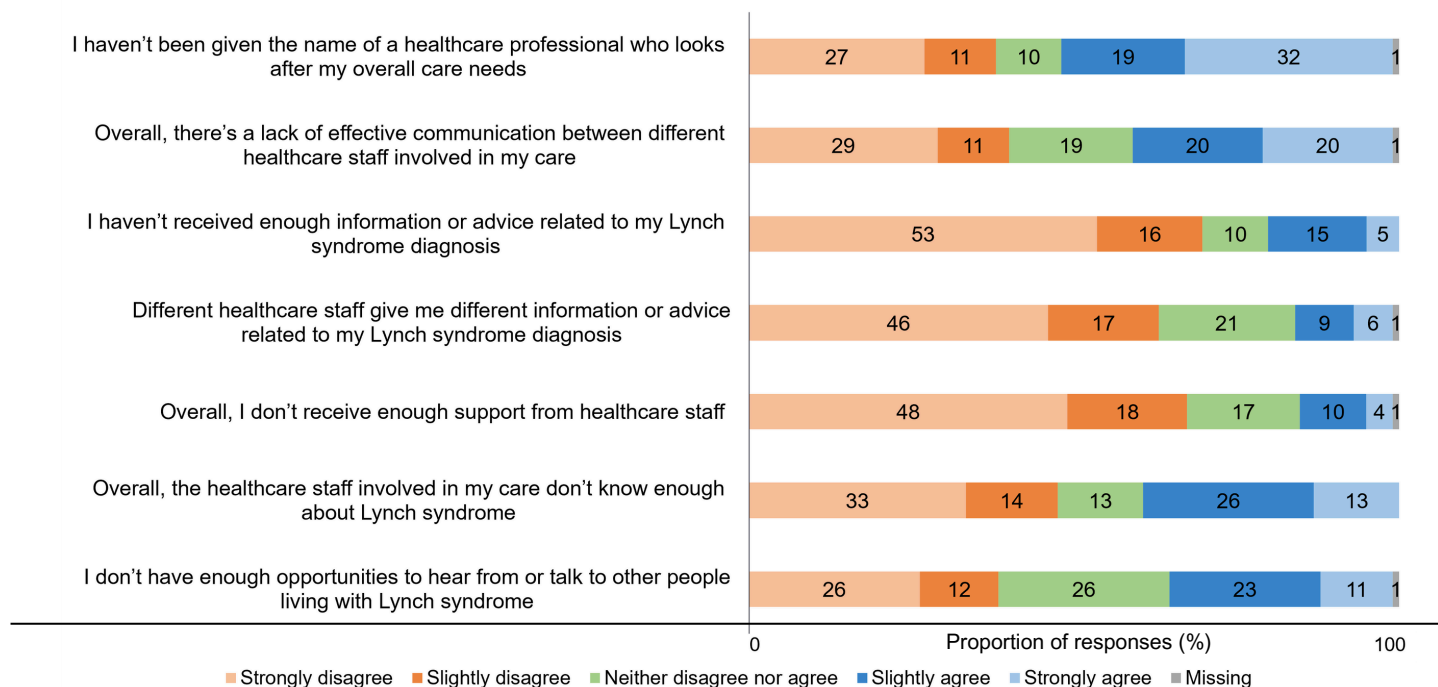
Travel, time, and costs associated with having colonoscopy check-up



Coordination of colonoscopy check-up and past experiences

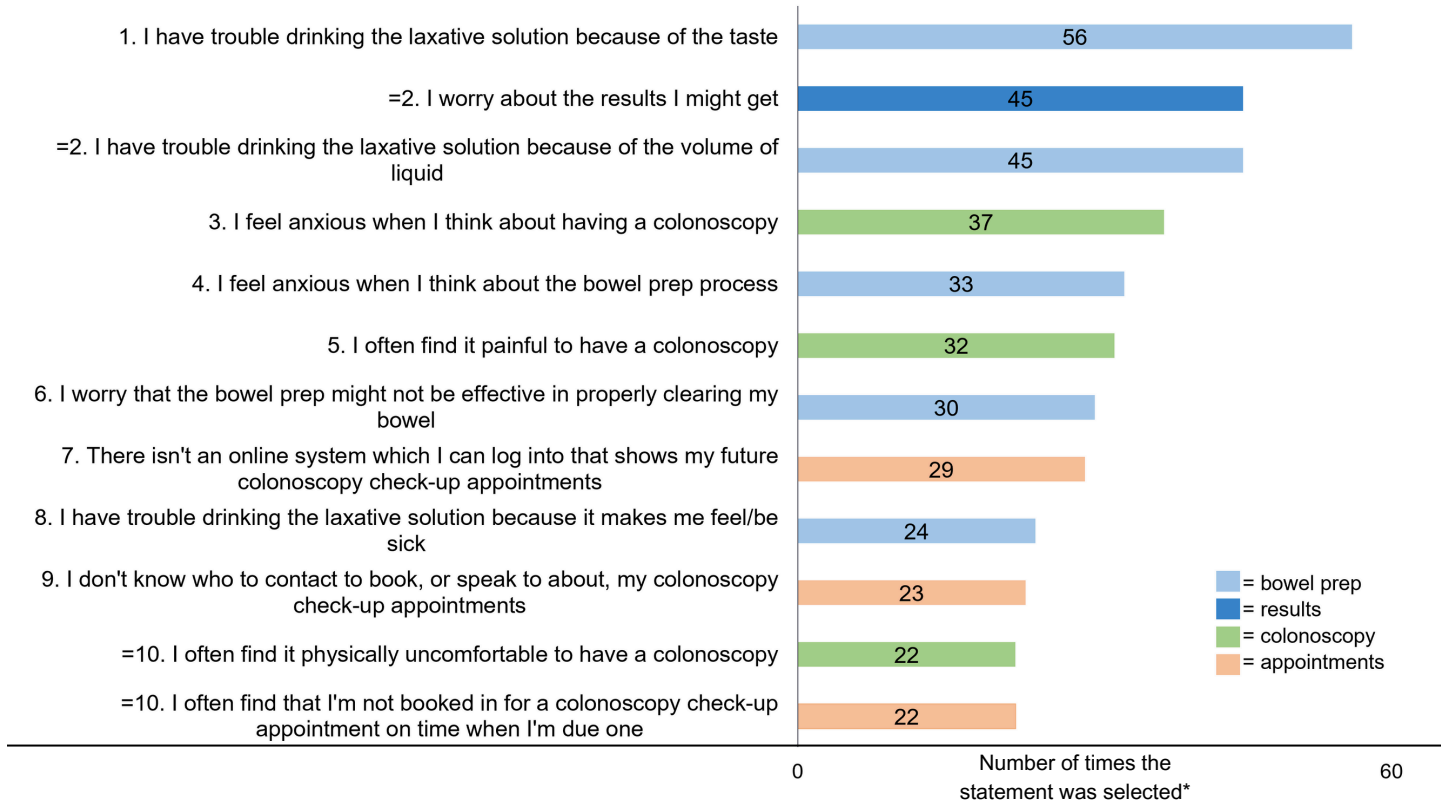


Overall care



“Which of the statements (shown on pages 3-7 of this summary) represent the biggest challenges for you in having colonoscopy check-up? Please choose a maximum of 4.”

The 10 biggest challenges



*Two statements were both ranked as the second biggest challenge because they both had 45 selections.
Two statements were both ranked as the tenth biggest challenge because they both had 22 selections.

When we looked at all questionnaire responses together, the following key areas for improvement and further research stood out:

- Make bowel prep more tolerable**

 - Better tasting, smaller volume of liquid
 - Allow individuals to choose the brand of bowel prep that works best for them?
- Minimise pain, discomfort, and anxiety of having a colonoscopy**

 - Careful consideration of individuals’ characteristics, past experiences, and preferences
 - Supportive and empathetic bedside manner
 - Colonoscopy performed with care

- Support with managing appointments**

 - Online system showing appointments
 - Clear point of contact

- Worry about results**

 - Investigate ways to support individuals who are experiencing worry about their results, or who might avoid getting a colonoscopy because of this worry

There is a need for a **nationwide study** of the views and experiences of having colonoscopy check-up under the Lynch syndrome-Bowel Cancer Screening Programme, involving individuals from across the UK